



Aching Arms

Registered charity number 1153296

PREGNANCY AND BABY LOSS :WORKPLACE TRAINING

We understand the profound impact that pregnancy and baby loss can have on individuals and workplaces. Our bespoke training sessions are designed to equip employers, HR professionals and line managers with the tools and understanding needed to provide compassionate and effective support during such challenging times.

We offer a range of tailored training options, from policy guidance to in-person awareness sessions, ensuring businesses can foster a supportive and inclusive working environment for all employees. Our training services can be customised to fully align with your specific needs and policies

TAILORED SUPPORT : BESPOKE WORKPLACE TRAINING

POA

Every workplace is unique. This fully customised training session is designed to address the specific needs of your organisation, providing tailored guidance and strategies to support employees and foster an inclusive workplace culture

A discussion will take place to scope out your exact requirements and the training will be designed around this.

RAISING AWARENESS : IN PERSON / ONLINE

£1495

Bring your team together for a bespoke awareness raising session. This is aimed at those wanting to learn more about the challenges associated with pregnancy and baby loss in the workplace and how best to support affected colleagues. This session will increase understanding and foster empathy and connection across the workforce

This will be carried out in person by 2 experienced Aching Arms facilitators. People can attend in person or online

No maximum



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SUPPORTING EMPLOYEES AFTER BABY LOSS : HUMAN RESOURCES

£295

Every workplace is unique. This fully customised training session is designed to address the specific needs of your organisation, providing tailored guidance and strategies to support employees and foster an inclusive workplace culture

1 hr online training with additional Q&A as required

Session carried out by 2 experienced Aching Arms facilitators

Max 5 people

LEADING WITH COMPASSION : LINE MANAGER TRAINING

£495

Empower line managers to create a supportive and understanding workplace culture.

This session focusses on recognising the impact of baby loss, handling challenging conversations with sensitivity and fostering an environment where employees feel valued and supported

1 hr online training with additional Q&A as required

Session carried out by 2 experienced Aching Arms facilitators

Max 15 people

BECOMING A BABY LOSS CHAMPION : SPECIALIST TRAINING

£1995

Designed to equip Baby Loss Champions with the knowledge and confidence to act as dedicated points of contact for pregnancy and baby loss within the workplace. This training covers essential skills, including emotional support techniques, signposting resources and raising awareness within the organisation.

This includes up to 6 sessions (over 12 months) of clinical supervision, full access to Aching Arms training module and 2 facilitators for 3 hours



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POLICY MATTERS : BABY LOSS POLICY REVIEW AND GUIDANCE

£295

Ensure your workplace policies effectively and compassionately support employees who experience baby loss. This service provides a detailed review of your current policies and recommendations to align them with best practises and standards

Review of policy included and then 1 hr call to provide guidance and discuss recommendations

EMPLOYEE ASSISTED PROGRAMME

POA

The Supporting Arms Service of Aching Arms offers bereavement care to bereaved families

We extend this service to the workplace and act as an extension to your existing EAP or HR support to providing specialist pregnancy and baby loss support to your employees. Whether they are recently or longer ago bereaved the impact of loss is lifelong and the need for support is ongoing. We can provide professional counselling and guidance to support your employees through the most difficult times

If you would like to discuss the above options in more detail or if there is a specific issue where you require our support, please do reach out to Helen Gallagher, Business Partnership Lead :

Phone : 07730 285 092

Email : helen@achingarms.co.uk